



## Participation Dances:

**Macarena** - The dance that swept across America, first introduced in South Florida in 1994

**Electric Slide** - Easy as 1,2,3 this dance was born in Philadelphia and has become an all-time party favorite.

**Dollar Wine** - An island favorite which sings about putting away four denominations of money in your pockets. The cent piece in your left pocket, the five cent piece in your right pocket, the ten cent piece in the back pocket and we are sure you can guess where the dollar goes.

**Hands Up** - Club Med's own invention which has become an island favorite, so put your hands up and give me all your love!

**Gin and Coconut Water** - Another island dance where we praise the sun, sand and play the bongo drums as we dance this song.

**Hand Jive** - the hand dance which has been done since the fifties and is still enjoyed by all ages today.

**Saturday Night** - This fast paced hand dance was discovered by our staff at a convention in Canada.

**Redneck Girl** - Calling all Cowboys and Cowgirls, this easy country dance can be an introduction to country line dancing.

**C'mon Ride The Train** - Get on board the funky choo choo train, pull the horn and pump it up.

**Get Down Tonight** - Back to the 70's; look out John Travolta.

**YMCA** - Need we say anything more!

**Do The Dance** - It's the latest party dance written by a California Disc Jockey who needed a new dance that is as much fun as the macarena

**Bus Stop** - Still waiting to get on board this dance from the 70's, we brought it back and it's bigger than ever.

**Cha Cha Slide** - It's the new millenium electric slide. It's funky and fun and as easy as 1,2,3. It's a must!

## Games and Contest



**Coke and Pepsi** - We shook up the old soda cans of this relay race and created a new spin on this all-time favorite game. We teach different commands which are performed through out the game adding another element to the fun.

**Connect** - A new twist on the Hula Hoop game. Everyone is in a circle trying to pass Hula Hoops around while holding hands. When the music stops the ones holding the hoops are out.

**Stuff It** - This two part game combines a trivia contest with one of speed. Balloons are awarded for correct trivia answers then all team members have a time limit to blow up their balloons and stuff them into their team captain's oversized shirt. The team with the most balloons in the shirt wins!

**Mummy Wrap** - Four teams must first wrap their mummy using toilet paper. Points are awarded for the fastest or neatest mummies. The second part of this game is to dress up the mummy using items given out by our staff, points are again awarded. The last part of the game is to place all toilet paper into the plastic bags provided and tie them into knots and return them to the MC to get more points. The team with the most points win..

**Limbo** - Loosen up your bodies with this favorite.

**Huggy Bear** - Everyone dances around in a circle until a number is called out by the MC. Everyone must put themselves into groups of that number, or be called out.

**Hula Hoops** - Who can keep the hoop going longest? Winners of each round stay to face newcomers.

**Word Association** - Two teams face each other as a topic is called out. Team members must say a word that has to do with the topic. If they can't complete this task within 3 seconds they are eliminated. The team with the last member standing wins.

**"21"** - Teams race each other to build a pyramid of 21 styrofoam cups. It's not as easy as you think, because 1 wrong move can cause your tower to come tumbling down.

**Chain Letter** - Large size scrabble pieces are handed out to teams the members will try to make as many words as they can of a given topic.

**Scavenger Hunt** - Just like musical chairs, but with a racing twist. The MC will call out an item and the players must race into the audience to find the item, as they do they must then race back before the others do. The last one back is eliminated from the game. The game continues until there is only one player seated.